

60 meter Ben Dames Uur=14:03

Reeks:1

| | | | | | |
|---|------|------------------|------|-------|----|
| 1 | 1694 | Lemmens Eline | ABES | 10.61 | 10 |
| 2 | 1822 | Thys Eline | ABES | 10.61 | 10 |
| 3 | 1150 | Loos Silke | AVKA | 10.82 | 10 |
| 4 | 1704 | Verbruggen Lenna | ABES | 10.84 | 11 |
| 5 | 1695 | Lemmens Ella | ABES | 11.89 | 10 |

60 meter Ben Dames Uur=14:03

Reeks:2

| | | | | | |
|---|------|-----------------|------|-------|----|
| 1 | 1450 | Cools Hannah | AVKA | 9.97 | 10 |
| 2 | 2386 | Peiffer Aline | ABES | 10.77 | 10 |
| 3 | 2027 | Fredrickx Jitte | HAKI | 11.05 | 11 |
| 4 | 2876 | Goddefroy Fien | AVKA | 11.49 | 10 |
| 5 | 1148 | Verhoeven Femke | AVKA | 12.12 | 10 |
| 6 | 1687 | Cardon Nica | ABES | 13.07 | 11 |

60 meter Ben Heren Uur=14:04

Reeks:1

| | | | | | |
|---|------|------------------|------|-------|----|
| 1 | 7946 | Van Dyck Floris | ABES | 10.47 | 11 |
| 2 | 9080 | Soors Korneel | HAKI | 10.79 | 10 |
| 3 | 8847 | Van Cotthem Jack | ABES | 11.08 | 11 |
| 4 | 7590 | Boyko Danil | AVKA | 11.64 | 11 |

60 meter Ben Heren Uur=14:04

Reeks:2

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 8403 | Fredrickx Tjorben | HAKI | 10.09 | 10 |
| 2 | 7808 | Vosters Jack | AVKA | 10.33 | 10 |
| 3 | 7420 | Cornelissens Bernd | BRAB | 10.68 | 10 |
| 4 | 7905 | De Wever Ruben | BRAB | 11.84 | 10 |

60 meter Ben Heren Uur=14:04

Reeks:3

| | | | | | |
|---|------|-----------------------|------|-------|----|
| 1 | 8024 | Vanderhaeghen Elemiah | BRAB | 10.25 | 10 |
| 2 | 8405 | Marinus Bas | HAKI | 11.13 | 10 |
| 3 | 8402 | Bouweraerts Wendigo | HAKI | 11.58 | 11 |
| 4 | 7934 | Leeuws Sid | ABES | 11.84 | 11 |

60 meter Ben Heren Uur=14:04

Reeks:4

| | | | | | |
|---|------|----------------------|------|-------|----|
| 1 | 8765 | Fierens Mathis | HAKI | 10.24 | 10 |
| 2 | 7906 | Quaghebeur Jules | BRAB | 10.99 | 11 |
| 3 | 7945 | Van Den Brande Jonas | ABES | 12.62 | 10 |

60 meter Pup Dames Uur=18:34

Reeks:1

| | | | | | |
|---|------|-----------------|------|-------|----|
| 1 | 4690 | Verhelst Lise | RAM | 9.73 | 08 |
| 2 | 5071 | De Bruyn Jana | AVKA | 9.78 | 08 |
| 3 | 6225 | Boerjan Milou | BRAB | 10.04 | 09 |
| 4 | 5997 | Rosebel Juraily | BVAC | 10.18 | 09 |
| 5 | 5844 | Amghar Layana | AVKA | 11.20 | 08 |

60 meter Pup Dames Uur=18:34

Reeks:2

| | | | | | |
|---|------|--------------------------|------|-------|----|
| 1 | 9998 | Smit | NA | 10.01 | 00 |
| 2 | 4796 | Sanders Ymke | AVKA | 10.11 | 08 |
| 3 | 5400 | Van den Buys Jitske | ABES | 10.14 | 09 |
| 4 | 6584 | Goddefroy Nele | AVKA | 11.54 | 08 |
| 5 | 4794 | Mertens Emma-Elisabeth - | AVKA | 12.61 | 08 |

60 meter Pup Dames Uur=18:34

Reeks:3

| | | | | | |
|---|------|---------------------|------|-------|----|
| 1 | 5540 | Winters Helena | ABES | 9.34 | 08 |
| 2 | 4504 | Vandenbroucke Flore | AVR | 9.52 | 09 |
| 3 | 5900 | Melotte Jasmine | BVAC | 10.09 | 08 |
| 4 | 5075 | Van Dorst Lucie | AVKA | 11.21 | 09 |
| 5 | 5395 | Pattyn Amy | BRAB | 11.35 | 09 |

60 meter Pup Dames Uur=18:34

Reeks:4

| | | | | | |
|---|------|-----------------------|------|-------|----|
| 1 | 4887 | Meirlevede Elise | AVR | 9.67 | 08 |
| 2 | 4900 | Vanderhaeghen Lauryne | BRAB | 9.99 | 09 |
| 3 | 5072 | Leboda Nina | AVKA | 10.22 | 08 |
| 4 | 4848 | Van den Brande Janne | AVKA | 10.49 | 09 |
| 5 | 5394 | De Greef Nina | ABES | 10.55 | 09 |

60 meter Pup Dames Uur=18:34

Reeks:5

| | | | | | |
|---|------|---------------------|------|-------|----|
| 1 | 5211 | Vergult Jolien | RAM | 9.77 | 08 |
| 2 | 4951 | Sienaert Fenne | EA | 9.92 | 09 |
| 3 | 5392 | Allami Bouchra | ABES | 10.43 | 09 |
| 4 | 5401 | Van Elsen Hannelore | ABES | 10.58 | 09 |
| 5 | 5991 | Lenie Jolien | ABES | 10.91 | 09 |

60 meter Pup Heren Uur=14:29

Reeks:1

| | | | | | |
|---|------|-------------------|------|-------|----|
| 1 | 1144 | Baerts Wannes | BRAB | 8.99 | 08 |
| 2 | 363 | Loos Senne | AVKA | 8.99 | 08 |
| 3 | 933 | Van Bael Arne | AVKA | 9.37 | 08 |
| 4 | 1041 | Bloch Arthur | ABES | 9.48 | 08 |
| 5 | 801 | Van Laecke Arthur | KAAG | 10.09 | 09 |

60 meter Pup Heren Uur=14:29

Reeks:2

| | | | | | |
|---|------|----------------------|------|-------|----|
| 1 | 2111 | Agbonze Jhordan | ABES | 9.46 | 09 |
| 2 | 1442 | Soors Adriaan | HAKI | 9.75 | 08 |
| 3 | 1441 | Liesenborghs Niels | HAKI | 9.85 | 09 |
| 4 | 1549 | Amghar Youssef | AVKA | 9.89 | 09 |
| 5 | 1060 | Van Regenmortel Nand | ABES | 10.28 | 08 |

60 meter Pup Heren Uur=14:29

Reeks:3

| | | | | | |
|---|------|-----------------|------|-------|----|
| 1 | 488 | Van De Poel Joe | BRAB | 9.76 | 08 |
| 2 | 556 | De Koning Robbe | WIBO | 10.46 | 09 |
| 3 | 9997 | Dekoninck | ABES | 10.51 | 00 |
| 4 | 1241 | De Herdt Milan | AVKA | 10.70 | 09 |
| 5 | 249 | Deckers Stan | OLSE | 10.85 | 09 |

60 meter Pup Heren Uur=14:29

Reeks:4

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 2106 | Van Hove Flup | BRAB | 10.01 | 08 |
| 2 | 1805 | Alaoui Zakaria | BVAC | 10.09 | 09 |
| 3 | 767 | Sosmin Oles | AVKA | 10.58 | 08 |
| 4 | 1058 | Van den Buys Seppe | ABES | 11.27 | 09 |

60 meter Pup Heren Uur=14:29

Reeks:5

| | | | | | |
|---|------|-------------------|------|-------|----|
| 1 | 2352 | De Bruyn Jef | ABES | 10.31 | 08 |
| 2 | 1025 | Quaghebeur Arthur | BRAB | 10.44 | 09 |
| 3 | 663 | Lingier Stef | AVKA | 10.49 | 08 |
| 4 | 1280 | Van Woensel Vince | ACHL | 10.66 | 09 |

80 meter Min Dames Uur=14:30

Reeks:1

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 8613 | De Bruycker Norah | HAC | 10.79 | 06 |
| 2 | 9454 | De Vlegelaer Jill | ABES | 11.21 | 06 |
| 3 | 8708 | Kegeleers Ninte | ABES | 11.27 | 06 |
| 4 | 8011 | Walschaers Marieke | ACHL | 11.81 | 06 |
| 5 | 9102 | Willemyns Zoë | ABES | 12.51 | 06 |
| | 8031 | Paquay Femke | ACHL | NA | 06 |

80 meter Min Dames Uur=14:30

Reeks:2

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 9232 | Rosebel Jefiney | BVAC | 11.55 | 07 |
| 2 | 8648 | Prijck Caroline | BVAC | 12.14 | 07 |
| 3 | 8457 | Lemmens Rowen - 81 | AVKA | 12.78 | 07 |
| 4 | 8453 | Blommers Yentl | AVKA | 12.93 | 06 |
| 5 | 8458 | Teck Ashley | AVKA | 13.65 | 06 |
| 6 | 8233 | Mertens Lieselot | AVKA | 14.15 | 06 |

80 meter Min Dames Uur=14:30

Reeks:3

| | | | | | |
|---|------|---------------------|------|-------|----|
| 1 | 8415 | Gheorghe Alessandra | LEBB | 11.74 | 06 |
| 2 | 9026 | Van Looy Irina | LIER | 11.91 | 07 |
| 3 | 8719 | Wouters Sofie | ABES | 12.05 | 06 |
| 4 | 9159 | Straetemans Yana | LOOI | 12.74 | 07 |
| 5 | 8709 | Mees Yara | ABES | 13.16 | 07 |

80 meter Min Heren Uur=14:31

Reeks:1

| | | | | | |
|---|------|---------------------|------|-------|----|
| 1 | 4431 | Leboda Tibo | AVKA | 10.99 | 06 |
| 2 | 4216 | Van De Cloodt Niels | ACW | 11.33 | 06 |
| 3 | 5446 | Desmet Milan | ABES | 11.49 | 06 |

| | | | | | |
|---|------|-----------------|------|-------|----|
| 4 | 4197 | Verbelen Wannas | AVKA | 11.81 | 06 |
| 5 | 4199 | Loos Jarne | AVKA | 13.16 | 06 |

80 meter Min Heren Uur=14:31

Reeks:2

| | | | | | |
|---|------|-------------------------|-------|-------|----|
| 1 | 4324 | Degirmenci Furkan | BRAB | 11.07 | 06 |
| 2 | 4717 | Peeters Lander | ABES | 11.52 | 07 |
| 3 | 4248 | Cools Lenn | AVKA | 11.69 | 07 |
| 4 | 4374 | Uyttersprot Florimon | SGOL | 12.48 | 07 |
| 5 | 5665 | Zerrad Oulad El Boudani | IAVKA | 12.56 | 06 |

80 meter Min Heren Uur=14:31

Reeks:3

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 5044 | Itotoh Treasure | BVAC | 11.37 | 07 |
| 2 | 4433 | Van Dorst Stan | AVKA | 11.66 | 07 |
| 3 | 6566 | Imfeld Rocco | CSF | 12.06 | 06 |
| 4 | 4430 | De Beuckelaer Kobe | AVKA | 12.48 | 07 |
| 5 | 5298 | Alaoui Ismail | BVAC | 12.54 | 06 |

80 meter Min Heren Uur=14:31

Reeks:4

| | | | | | |
|---|------|--------------------------|------|-------|----|
| 1 | 5225 | Van de Meulebroecke Finn | BRAB | 11.54 | 07 |
| 2 | 4577 | Weyns Jens | AVKA | 11.99 | 07 |
| 3 | 4710 | De Greef Mats | ABES | 12.06 | 07 |
| 4 | 4094 | Deckers Lars | OLSE | 12.51 | 07 |
| 5 | 4708 | Allami Zakaria | ABES | 12.70 | 07 |
| 6 | 5236 | Lenie Quinten | ABES | 13.47 | 07 |

hoogspringen Min Dames Uur=14:02

Reeks:1

| | | | | | |
|----|------|----------------------|------|-------|----|
| 1 | 8421 | Muyshondt Emma | LEBB | 1.46m | 06 |
| 1 | 9454 | De Vlegelaer Jill | ABES | 1.46m | 06 |
| 3 | 8613 | De Bruycker Norah | HAC | 1.43m | 06 |
| 4 | 9232 | Rosebel Jefiney | BVAC | 1.35m | 07 |
| 4 | 8031 | Paquay Femke | ACHL | 1.35m | 06 |
| 6 | 8572 | Van der Veken Hellen | RAM | 1.35m | 06 |
| 7 | 8458 | Teck Ashley | AVKA | 1.25m | 06 |
| 8 | 9026 | Van Looy Irina | LIER | 1.25m | 07 |
| 9 | 8648 | Prijck Caroline | BVAC | 1.20m | 07 |
| 10 | 8457 | Lemmens Rowen - 81 | AVKA | 1.20m | 07 |
| 11 | 8233 | Mertens Lieselot | AVKA | 1.15m | 06 |
| 12 | 8709 | Mees Yara | ABES | 1.10m | 07 |
| 13 | 8011 | Walschaers Marieke | ACHL | 1.10m | 06 |

kogelstoten 2,000kg Pup Heren Uur=15:21

Reeks:1

| | | | | | |
|----|------|----------------------|------|-------|----|
| 1 | 933 | Van Bael Arne | AVKA | 9.20m | 08 |
| 2 | 9996 | Van Laecke Tristan | NA | 9.04m | 08 |
| 3 | 488 | Van De Poel Joe | BRAB | 8.59m | 08 |
| 4 | 1144 | Baerts Wannas | BRAB | 6.90m | 08 |
| 5 | 2106 | Van Hove Flup | BRAB | 6.45m | 08 |
| 6 | 1058 | Van den Buys Seppe | ABES | 6.27m | 09 |
| 7 | 663 | Lingier Stef | AVKA | 5.93m | 08 |
| 8 | 1442 | Soors Adriaan | HAKI | 5.71m | 08 |
| 9 | 1041 | Bloch Arthur | ABES | 5.67m | 08 |
| 10 | 363 | Loos Senne | AVKA | 5.64m | 08 |
| 11 | 1060 | Van Regenmortel Nand | ABES | 5.52m | 08 |
| 12 | 9997 | Dekoninck | ABES | 5.47m | 00 |
| 13 | 1280 | Van Woensel Vince | ACHL | 5.45m | 09 |

| | | | | | |
|----|------|--------------------|------|-------|----|
| 14 | 2352 | De Bruyn Jef | ABES | 5.42m | 08 |
| 15 | 556 | De Koning Robbe | WIBO | 5.13m | 09 |
| 16 | 1549 | Amghar Youssef | AVKA | 5.01m | 09 |
| 17 | 1805 | Alaoui Zakaria | BVAC | 4.88m | 09 |
| 18 | 1441 | Liesenborghs Niels | HAKI | 4.53m | 09 |
| 19 | 608 | Muyshondt Jarne | LEBB | 4.52m | 09 |
| 20 | 1241 | De Herdt Milan | AVKA | 4.46m | 09 |
| 21 | 1025 | Quaghebeur Arthur | BRAB | 4.13m | 09 |

verspringen Ben Dames Uur=14:19

Reeks:1

| | | | | | |
|----|------|------------------|------|-------|----|
| 1 | 1450 | Cools Hannah | AVKA | 3.58m | 10 |
| 2 | 1822 | Thys Eline | ABES | 3.26m | 10 |
| 3 | 1694 | Lemmens Eline | ABES | 3.06m | 10 |
| 4 | 2386 | Peiffer Aline | ABES | 2.90m | 10 |
| 5 | 1150 | Loos Silke | AVKA | 2.83m | 10 |
| 6 | 1704 | Verbruggen Lenna | ABES | 2.80m | 11 |
| 7 | 2876 | Goddefroy Fien | AVKA | 2.75m | 10 |
| 8 | 1148 | Verhoeven Femke | AVKA | 2.71m | 10 |
| 9 | 2027 | Fredrickx Jitte | HAKI | 2.70m | 11 |
| 10 | 1695 | Lemmens Ella | ABES | 2.29m | 10 |

verspringen Pup Dames Uur=17:27

Reeks:1

| | | | | | |
|---|------|-----------------------|------|-------|----|
| 1 | 5540 | Winters Helena | ABES | 4.28m | 08 |
| 2 | 4504 | Vandenbroucke Flore | AVR | 4.13m | 09 |
| 3 | 5211 | Vergult Jolien | RAM | 3.47m | 08 |
| 4 | 4796 | Sanders Ymke | AVKA | 3.39m | 08 |
| 5 | 4900 | Vanderhaeghen Lauryne | BRAB | 3.38m | 09 |
| 6 | 4690 | Verhelst Lise | RAM | 3.26m | 08 |
| 7 | 4887 | Meirlevede Elise | AVR | 3.25m | 08 |

| | | | | | |
|----|------|------------------------|------|-------|----|
| 8 | 9998 | Smit | NA | 3.23m | 00 |
| 9 | 5072 | Leboda Nina | AVKA | 3.22m | 08 |
| 10 | 6225 | Boerjan Milou | BRAB | 3.15m | 09 |
| 11 | 5400 | Van den Buys Jitske | ABES | 3.06m | 09 |
| 12 | 5071 | De Bruyn Jana | AVKA | 2.95m | 08 |
| 13 | 4951 | Sienaert Fenne | EA | 2.91m | 09 |
| 14 | 5991 | Lenie Jolien | ABES | 2.88m | 09 |
| 15 | 5401 | Van Elsen Hannelore | ABES | 2.84m | 09 |
| 16 | 5075 | Van Dorst Lucie | AVKA | 2.80m | 09 |
| 17 | 5900 | Melotte Jasmine | BVAC | 2.80m | 08 |
| 18 | 5394 | De Greef Nina | ABES | 2.75m | 09 |
| 19 | 4848 | Van den Brande Janne | AVKA | 2.66m | 09 |
| 20 | 5997 | Rosebel Juraily | BVAC | 2.52m | 09 |
| 21 | 5392 | Allami Bouchra | ABES | 2.45m | 09 |
| 22 | 5395 | Pattyn Amy | BRAB | 2.29m | 09 |
| 23 | 6584 | Goddefroy Nele | AVKA | 2.10m | 08 |
| 24 | 4794 | Mertens Emma-Elisabeth | AVKA | 2.05m | 08 |

kogelstoten 1,000kg Ben Heren Uur=14:28

Reeks:1

| | | | | | |
|----|------|-----------------------|------|-------|----|
| 1 | 7210 | Vrancken Demian | OLSE | 7.65m | 10 |
| 2 | 8403 | Fredrickx Tjorben | HAKI | 7.55m | 10 |
| 3 | 8024 | Vanderhaeghen Elemiah | BRAB | 7.19m | 10 |
| 4 | 7808 | Vosters Jack | AVKA | 6.88m | 10 |
| 5 | 8765 | Fierens Mathis | HAKI | 6.03m | 10 |
| 6 | 7946 | Van Dyck Floris | ABES | 5.82m | 11 |
| 7 | 9080 | Soors Korneel | HAKI | 5.02m | 10 |
| 8 | 7420 | Cornelissens Bernd | BRAB | 4.73m | 10 |
| 9 | 7590 | Boyko Danil | AVKA | 4.50m | 11 |
| 10 | 7934 | Leeuws Sid | ABES | 4.47m | 11 |
| 11 | 7945 | Van Den Brande Jonas | ABES | 4.44m | 10 |

| | | | | | | |
|----|------|------------------|------|-------|-----|----|
| 12 | 7906 | Quaghebeur Jules | BRAB | 4.27m | | 11 |
| 13 | 7905 | De Wever Ruben | BRAB | 3.55m | | 10 |
| 14 | 8847 | Van Cotthem Jack | ABES | 3.16m | | 11 |
| | 1041 | Bloch Arthur | ABES | GP | Pup | 08 |

hoogspringen Min Heren Uur=18:03

Reeks:1

| | | | | | | |
|----|------|---------------------------|------|-------|--|----|
| 1 | 4431 | Leboda Tibo | AVKA | 1.44m | | 06 |
| 2 | 5446 | Desmet Milan | ABES | 1.41m | | 06 |
| 3 | 5044 | Itotoh Treasure | BVAC | 1.35m | | 07 |
| 4 | 4433 | Van Dorst Stan | AVKA | 1.35m | | 07 |
| 5 | 4710 | De Greef Mats | ABES | 1.30m | | 07 |
| 6 | 5225 | Van de Meulebroecke Finn | BRAB | 1.30m | | 07 |
| 7 | 4094 | Deckers Lars | OLSE | 1.30m | | 07 |
| 8 | 4216 | Van De Cloudt Niels | ACW | 1.25m | | 06 |
| 9 | 4577 | Weyns Jens | AVKA | 1.25m | | 07 |
| 10 | 4717 | Peeters Lander | ABES | 1.20m | | 07 |
| 11 | 4708 | Allami Zakaria | ABES | 1.20m | | 07 |
| 12 | 4834 | Winters Kris | ABES | 1.20m | | 06 |
| 13 | 4197 | Verbelen Wannes | AVKA | 1.15m | | 06 |
| 14 | 5298 | Alaoui Ismail | BVAC | 1.15m | | 06 |
| 15 | 4430 | De Beuckelaer Kobe | AVKA | 1.15m | | 07 |
| 16 | 5665 | Zerrad Oulad El Boudani I | AVKA | 1.10m | | 06 |
| 17 | 4248 | Cools Lenn | AVKA | 1.10m | | 07 |
| 18 | 4199 | Loos Jarne | AVKA | 1.05m | | 06 |
| | 5236 | Lenie Quinten | ABES | NG | | 07 |

speerwerpen 400g Min Dames Uur=15:26

Reeks:1

| | | | | | | |
|---|------|------------------------|------|--------|--|----|
| 1 | 8397 | HEMELS Kirby | ACP | 28.85m | | 06 |
| 2 | 8154 | Van Eeckhoven Annelies | OLSE | 26.19m | | 06 |

| | | | | | |
|----|------|--------------------|------|--------|----|
| 3 | 9454 | De Vlegelaer Jill | ABES | 23.19m | 06 |
| 4 | 8031 | Paquay Femke | ACHL | 20.25m | 06 |
| 5 | 8421 | Muyshondt Emma | LEBB | 17.63m | 06 |
| 6 | 8011 | Walschaers Marieke | ACHL | 15.26m | 06 |
| 7 | 9232 | Rosebel Jefiney | BVAC | 13.21m | 07 |
| 8 | 8453 | Blommers Yentl | AVKA | 11.92m | 06 |
| 9 | 8457 | Lemmens Rowen - 81 | AVKA | 10.75m | 07 |
| 10 | 8648 | Prijck Caroline | BVAC | 10.68m | 07 |
| 11 | 8719 | Wouters Sofie | ABES | 10.57m | 06 |
| 12 | 8458 | Teck Ashley | AVKA | 10.25m | 06 |
| 13 | 9102 | Willemys Zoë | ABES | 7.79m | 06 |
| 14 | 8709 | Mees Yara | ABES | 6.86m | 07 |
| | 8233 | Mertens Lieselot | AVKA | NG | 06 |

verspringen Pup Heren Uur=16:30

Reeks:1

| | | | | | |
|----|------|----------------------|------|-------|----|
| 1 | 1144 | Baerts Wannes | BRAB | 3.90m | 08 |
| 2 | 363 | Loos Senne | AVKA | 3.65m | 08 |
| 3 | 1442 | Soors Adriaan | HAKI | 3.50m | 08 |
| 4 | 488 | Van De Poel Joe | BRAB | 3.45m | 08 |
| 5 | 668 | Van Damme Odinn | VITA | 3.35m | 09 |
| 6 | 1441 | Liesenborghs Niels | HAKI | 3.29m | 09 |
| 7 | 2106 | Van Hove Flup | BRAB | 3.20m | 08 |
| 8 | 663 | Lingier Stef | AVKA | 3.19m | 08 |
| 9 | 767 | Sosmin Oles | AVKA | 3.18m | 08 |
| 10 | 9997 | Dekoninck | ABES | 3.17m | 00 |
| 11 | 1060 | Van Regenmortel Nand | ABES | 3.17m | 08 |
| 12 | 933 | Van Bael Arne | AVKA | 3.13m | 08 |
| 13 | 1549 | Amghar Youssef | AVKA | 3.09m | 09 |
| 14 | 1041 | Bloch Arthur | ABES | 3.07m | 08 |
| 15 | 1025 | Quaghebeur Arthur | BRAB | 3.06m | 09 |

| | | | | | |
|----|------|--------------------|------|-------|----|
| 16 | 801 | Van Laecke Arthur | KAAG | 2.99m | 09 |
| 17 | 9996 | Van Laecke Tristan | NA | 2.96m | 08 |
| 18 | 608 | Muyshondt Jarne | LEBB | 2.92m | 09 |
| 19 | 2352 | De Bruyn Jef | ABES | 2.91m | 08 |
| 20 | 556 | De Koning Robbe | WIBO | 2.74m | 09 |
| 21 | 1805 | Alaoui Zakaria | BVAC | 2.74m | 09 |
| 22 | 1058 | Van den Buys Seppe | ABES | 2.70m | 09 |
| 23 | 1241 | De Herdt Milan | AVKA | 2.68m | 09 |
| 24 | 249 | Deckers Stan | OLSE | 2.64m | 09 |
| | 2111 | Agbonze Jhordan | ABES | NG | 09 |

verspringen Ben Heren Uur=15:11

Reeks:1

| | | | | | |
|----|------|-----------------------|------|-------|----|
| 1 | 8024 | Vanderhaeghen Elemiah | BRAB | 3.56m | 10 |
| 2 | 7946 | Van Dyck Floris | ABES | 3.41m | 11 |
| 3 | 8403 | Fredrickx Tjorben | HAKI | 3.36m | 10 |
| 4 | 7808 | Vosters Jack | AVKA | 3.26m | 10 |
| 5 | 8765 | Fierens Mathis | HAKI | 3.00m | 10 |
| 6 | 8405 | Marinus Bas | HAKI | 2.95m | 10 |
| 7 | 7420 | Cornelissens Bernd | BRAB | 2.93m | 10 |
| 8 | 7947 | Van Gaver Thibo | ABES | 2.88m | 11 |
| 9 | 8847 | Van Cotthem Jack | ABES | 2.73m | 11 |
| 10 | 9080 | Soors Korneel | HAKI | 2.72m | 10 |
| 11 | 7906 | Quaghebeur Jules | BRAB | 2.58m | 11 |
| 12 | 8402 | Bouweraerts Wendigo | HAKI | 2.57m | 11 |
| 13 | 7934 | Leeuws Sid | ABES | 2.50m | 11 |
| 14 | 7590 | Boyko Danil | AVKA | 2.48m | 11 |
| 15 | 7905 | De Wever Ruben | BRAB | 2.40m | 10 |
| 16 | 7945 | Van Den Brande Jonas | ABES | 2.31m | 10 |

kogelstoten 1,000kg Ben Dames Uur=14:15

Reeks:1

| | | | | | |
|----|------|-------------------|------|-------|----|
| 1 | 1450 | Cools Hannah | AVKA | 7.14m | 10 |
| 2 | 1694 | Lemmens Eline | ABES | 6.37m | 10 |
| 3 | 1822 | Thys Eline | ABES | 6.00m | 10 |
| 4 | 1150 | Loos Silke | AVKA | 5.86m | 10 |
| 5 | 1704 | Verbruggen Lenna | ABES | 5.67m | 11 |
| 6 | 2386 | Peiffer Aline | ABES | 5.31m | 10 |
| 7 | 1695 | Lemmens Ella | ABES | 4.97m | 10 |
| 8 | 1148 | Verhoeven Femke | AVKA | 4.67m | 10 |
| 9 | 2876 | Goddefroy Fien | AVKA | 4.06m | 10 |
| 10 | 2027 | Fredrickx Jitte | HAKI | 3.98m | 11 |
| 11 | 9995 | Van Damme Dalilah | VITA | 2.72m | 00 |

600 meter Ben Heren Uur=15:15

Reeks:1

| | | | | | |
|----|------|----------------------|------|---------|----|
| 1 | 888 | Bascourt Thomas | CABW | 2'04.04 | 00 |
| 2 | 7808 | Vosters Jack | AVKA | 2'10.76 | 10 |
| 3 | 8765 | Fierens Mathis | HAKI | 2'17.16 | 10 |
| 4 | 7946 | Van Dyck Floris | ABES | 2'17.58 | 11 |
| 5 | 7210 | Vrancken Demian | OLSE | 2'18.99 | 10 |
| 6 | 7906 | Quaghebeur Jules | BRAB | 2'20.86 | 11 |
| 7 | 7947 | Van Gaver Thibo | ABES | 2'23.07 | 11 |
| 8 | 8847 | Van Cotthem Jack | ABES | 2'23.78 | 11 |
| 9 | 8403 | Fredrickx Tjorben | HAKI | 2'23.96 | 10 |
| 10 | 7934 | Leeuws Sid | ABES | 2'28.26 | 11 |
| 11 | 9080 | Soors Korneel | HAKI | 2'38.67 | 10 |
| 12 | 8402 | Bouweraerts Wendigo | HAKI | 2'43.58 | 11 |
| 13 | 7945 | Van Den Brande Jonas | ABES | 2'51.06 | 10 |

600 meter Ben Dames Uur=15:22

Reeks:1

| | | | | | |
|---|------|-------------------|------|---------|----|
| 1 | 1694 | Lemmens Eline | ABES | 2'11.69 | 10 |
| 2 | 1450 | Cools Hannah | AVKA | 2'13.45 | 10 |
| 3 | 1150 | Loos Silke | AVKA | 2'15.40 | 10 |
| 4 | 2386 | Peiffer Aline | ABES | 2'26.38 | 10 |
| 5 | 2027 | Fredrickx Jitte | HAKI | 2'28.08 | 11 |
| 6 | 1704 | Verbruggen Lenna | ABES | 2'28.10 | 11 |
| 7 | 2876 | Goddefroy Fien | AVKA | 2'30.32 | 10 |
| 8 | 9995 | Van Damme Dalilah | VITA | 2'32.88 | 00 |
| 9 | 1148 | Verhoeven Femke | AVKA | 2'52.28 | 10 |

kogelstoten 2,000kg Pup Dames Uur=16:03

Reeks:1

| | | | | | |
|----|------|------------------------|------|-------|----|
| 1 | 5540 | Winters Helena | ABES | 7.21m | 08 |
| 2 | 5136 | Cools Emma | AVKA | 7.04m | 08 |
| 3 | 4887 | Meirlevede Elise | AVR | 6.80m | 08 |
| 4 | 4690 | Verhelst Lise | RAM | 6.75m | 08 |
| 5 | 5071 | De Bruyn Jana | AVKA | 6.55m | 08 |
| 6 | 4685 | Van Eeckhoven Elena | OLSE | 6.21m | 08 |
| 7 | 5211 | Vergult Jolien | RAM | 5.72m | 08 |
| 8 | 4796 | Sanders Ymke | AVKA | 5.56m | 08 |
| 9 | 5072 | Leboda Nina | AVKA | 5.45m | 08 |
| 10 | 5900 | Melotte Jasmine | BVAC | 5.23m | 08 |
| 11 | 5997 | Rosebel Juraily | BVAC | 4.89m | 09 |
| 12 | 4794 | Mertens Emma-Elisabeth | AVKA | 4.86m | 08 |
| 13 | 4951 | Sienaert Fenne | EA | 4.80m | 09 |
| 14 | 4504 | Vandenbroucke Flore | AVR | 4.79m | 09 |
| 15 | 9998 | Smit | NA | 4.78m | 00 |
| 16 | 4848 | Van den Brande Janne | AVKA | 4.50m | 09 |
| 17 | 5401 | Van Elsen Hannelore | ABES | 4.40m | 09 |

| | | | | | |
|----|------|-----------------------|------|-------|----|
| 18 | 4900 | Vanderhaeghen Lauryne | BRAB | 4.29m | 09 |
| 19 | 6225 | Boerjan Milou | BRAB | 4.20m | 09 |
| 20 | 5991 | Lenie Jolien | ABES | 4.17m | 09 |
| 21 | 5394 | De Greef Nina | ABES | 3.99m | 09 |
| 22 | 5395 | Pattyn Amy | BRAB | 3.60m | 09 |
| 23 | 5075 | Van Dorst Lucie | AVKA | 3.55m | 09 |
| 24 | 5844 | Amghar Layana | AVKA | 3.50m | 08 |
| 25 | 6584 | Goddefroy Nele | AVKA | 2.62m | 08 |

speerwerpen 400g Min Heren Uur=17:01

Reeks:1

| | | | | | |
|----|------|---------------------------|------|--------|----|
| 1 | 6566 | Imfeld Rocco | CSF | 38.21m | 06 |
| 2 | 4431 | Leboda Tibo | AVKA | 32.71m | 06 |
| 3 | 4551 | Breban Tom | ADD | 29.42m | 06 |
| 4 | 5446 | Desmet Milan | ABES | 26.52m | 06 |
| 5 | 4710 | De Greef Mats | ABES | 22.10m | 07 |
| 6 | 5298 | Alaoui Ismail | BVAC | 21.72m | 06 |
| 7 | 4199 | Loos Jarne | AVKA | 18.61m | 06 |
| 8 | 4577 | Weyns Jens | AVKA | 17.73m | 07 |
| 9 | 4197 | Verbelen Wannes | AVKA | 17.09m | 06 |
| 10 | 5665 | Zerrad Oulad El Boudani I | AVKA | 16.11m | 06 |
| 11 | 4708 | Allami Zakaria | ABES | 14.98m | 07 |
| 12 | 5236 | Lenie Quinten | ABES | 13.53m | 07 |
| 13 | 5044 | Itotoh Treasure | BVAC | 13.16m | 07 |
| 14 | 5225 | Van de Meulebroecke Finn | BRAB | 11.92m | 07 |
| 15 | 4430 | De Beuckelaer Kobe | AVKA | 10.83m | 07 |
| | 4374 | Uyttersprot Florimon | SGOL | NG | 07 |
| | 4433 | Van Dorst Stan | AVKA | NG | 07 |

1000 meter Pup Heren Uur=15:38

Reeks:1

| | | | | | |
|---|------|----------------------|------|---------|----|
| 1 | 363 | Loos Senne | AVKA | 3'23.50 | 08 |
| 2 | 488 | Van De Poel Joe | BRAB | 3'25.81 | 08 |
| 3 | 668 | Van Damme Odinn | VITA | 3'34.27 | 09 |
| 4 | 1549 | Amghar Youssef | AVKA | 3'37.30 | 09 |
| 5 | 767 | Sosmin Oles | AVKA | 3'48.50 | 08 |
| 6 | 249 | Deckers Stan | OLSE | 3'52.56 | 09 |
| 7 | 1442 | Soors Adriaan | HAKI | 4'13.89 | 08 |
| 8 | 1060 | Van Regenmortel Nand | ABES | 4'16.59 | 08 |
| 9 | 1041 | Bloch Arthur | ABES | 4'21.08 | 08 |

1000 meter Pup Heren Uur=15:38

Reeks:2

| | | | | | |
|---|------|--------------------|------|---------|----|
| 1 | 663 | Lingier Stef | AVKA | 3'40.53 | 08 |
| 2 | 2352 | De Bruyn Jef | ABES | 3'47.45 | 08 |
| 3 | 1025 | Quaghebeur Arthur | BRAB | 3'55.29 | 09 |
| 4 | 1241 | De Herdt Milan | AVKA | 4'01.59 | 09 |
| 5 | 2106 | Van Hove Flup | BRAB | 4'03.76 | 08 |
| 6 | 9997 | Dekoninck | ABES | 4'04.63 | 00 |
| 7 | 1441 | Liesenborghs Niels | HAKI | 4'10.80 | 09 |
| 8 | 1805 | Alaoui Zakaria | BVAC | 4'21.54 | 09 |
| | 1058 | Van den Buys Seppe | ABES | NG | 09 |

1000 meter Pup Dames Uur=16:03

Reeks:1

| | | | | | |
|---|------|---------------------|------|---------|----|
| 1 | 4887 | Meirlevede Elise | AVR | 3'24.67 | 08 |
| 2 | 4690 | Verhelst Lise | RAM | 3'35.26 | 08 |
| 3 | 4504 | Vandenbroucke Flore | AVR | 3'42.03 | 09 |
| 4 | 4951 | Sienaert Fenne | EA | 3'48.90 | 09 |
| 5 | 5071 | De Bruyn Jana | AVKA | 3'53.72 | 08 |

| | | | | | |
|----|------|---------------------|------|---------|----|
| 6 | 9998 | Smit | NA | 3'57.16 | 00 |
| 7 | 5072 | Leboda Nina | AVKA | 3'59.44 | 08 |
| 8 | 4796 | Sanders Ymke | AVKA | 4'04.46 | 08 |
| 9 | 5991 | Lenie Jolien | ABES | 4'18.08 | 09 |
| 10 | 5401 | Van Elsen Hannelore | ABES | 4'19.90 | 09 |
| 11 | 6584 | Goddefroy Nele | AVKA | 4'48.81 | 08 |

1000 meter Pup Dames Uur=16:03

Reeks:2

| | | | | | |
|---|------|----------------------|------|---------|----|
| 1 | 5540 | Winters Helena | ABES | 3'53.41 | 08 |
| 2 | 5392 | Allami Bouchra | ABES | 3'55.46 | 09 |
| 3 | 4848 | Van den Brande Janne | AVKA | 3'56.53 | 09 |
| 4 | 6225 | Boerjan Milou | BRAB | 3'56.73 | 09 |
| 5 | 5400 | Van den Buys Jitske | ABES | 4'09.61 | 09 |
| 6 | 5394 | De Greef Nina | ABES | 4'13.36 | 09 |
| 7 | 5075 | Van Dorst Lucie | AVKA | 4'17.08 | 09 |
| 8 | 5395 | Pattyn Amy | BRAB | 4'24.53 | 09 |
| | 5844 | Amghar Layana | AVKA | NA | 08 |
| | 5997 | Rosebel Juraily | BVAC | NA | 09 |

150m horden 0,762m Min Dames Uur=18:18

Reeks:1

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 8613 | De Bruycker Norah | HAC | 22.40 | 06 |
| 2 | 8708 | Kegeleers Ninte | ABES | 23.45 | 06 |
| 3 | 8011 | Walschaers Marieke | ACHL | 25.57 | 06 |
| | 8031 | Paquay Femke | ACHL | NG | 06 |

150m horden 0,762m Min Dames Uur=18:18

Reeks:2

| | | | | | |
|---|------|---------------------|------|-------|----|
| 1 | 9454 | De Vlegelaer Jill | ABES | 23.01 | 06 |
| 2 | 8415 | Gheorghe Alessandra | LEBB | 25.01 | 06 |

| | | | | | |
|---|------|---------------|------|-------|----|
| 3 | 9102 | Willemyns Zoë | ABES | 27.01 | 06 |
| 4 | 8719 | Wouters Sofie | ABES | 27.98 | 06 |

150m horden 0,762m Min Dames Uur=18:18

Reeks:3

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 9232 | Rosebel Jefiney | BVAC | 23.39 | 07 |
| 2 | 8648 | Prijck Caroline | BVAC | 23.68 | 07 |
| 3 | 9026 | Van Looy Irina | LIER | 25.95 | 07 |
| 4 | 8457 | Lemmens Rowen - 81 | AVKA | 27.20 | 07 |

150m horden 0,762m Min Dames Uur=18:18

Reeks:4

| | | | | | |
|---|------|----------------|------|-------|----|
| 1 | 8421 | Muyshondt Emma | LEBB | 23.80 | 06 |
| 2 | 8453 | Blommers Yentl | AVKA | 28.73 | 06 |
| 3 | 8458 | Teck Ashley | AVKA | 29.88 | 06 |
| | 8709 | Mees Yara | ABES | DIS | 07 |

150m horden 0,762m Min Heren Uur=16:23

Reeks:1

| | | | | | |
|---|------|---------------------|------|-------|----|
| 1 | 4431 | Leboda Tibo | AVKA | 21.52 | 06 |
| 2 | 4216 | Van De Cloodt Niels | ACW | 24.40 | 06 |
| 3 | 4717 | Peeters Lander | ABES | 25.04 | 07 |
| 4 | 4094 | Deckers Lars | OLSE | 30.13 | 07 |
| | 5446 | Desmet Milan | ABES | NA | 06 |

150m horden 0,762m Min Heren Uur=16:23

Reeks:2

| | | | | | |
|---|------|----------------------|------|-------|----|
| 1 | 4708 | Allami Zakaria | ABES | 25.13 | 07 |
| 2 | 4710 | De Greef Mats | ABES | 25.30 | 07 |
| 3 | 4577 | Weyns Jens | AVKA | 25.47 | 07 |
| 4 | 4374 | Uyttersprot Florimon | SGOL | 27.81 | 07 |

150m horden 0,762m Min Heren Uur=16:23

Reeks:3

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 4433 | Van Dorst Stan | AVKA | 24.15 | 07 |
| 2 | 4430 | De Beuckelaer Kobe | AVKA | 27.85 | 07 |
| 3 | 4199 | Loos Jarne | AVKA | 29.07 | 06 |
| 4 | 5298 | Alaoui Ismail | BVAC | 30.93 | 06 |

150m horden 0,762m Min Heren Uur=16:23

Reeks:4

| | | | | | |
|---|------|---------------------------|------|-------|----|
| 1 | 5044 | Itotoh Treasure | BVAC | 23.96 | 07 |
| 2 | 5225 | Van de Meulebroecke Finn | BRAB | 24.31 | 07 |
| 3 | 5665 | Zerrad Oulad El Boudani I | AVKA | 27.73 | 06 |
| 4 | 4197 | Verbelen Wannas | AVKA | 28.33 | 06 |
| 5 | 5236 | Lenie Quinten | ABES | 29.39 | 07 |

verspringen Sch Heren Uur=17:10

Reeks:1

| | | | | | | | | |
|---|------|------------------|------|-------|------|----|-------|-----|
| 1 | 3198 | Verduyn Lennert | ABES | 6.05m | +3.5 | 02 | 6.04m | 0.5 |
| 2 | 3139 | Eyckmans Fedde | ABES | 5.67m | +2.5 | 03 | 5.56m | 1.6 |
| 3 | 3141 | Horrevorst Dries | ABES | 5.34m | +2.7 | 02 | 5.34m | 2.7 |

verspringen JSM Heren Uur=17:12

Reeks:1

| | | | | | | | |
|---|-----|--------------|-----|-------|------|-----|----|
| 1 | 964 | Colignon Tim | VAC | 6.04m | +0.2 | Jun | 01 |
|---|-----|--------------|-----|-------|------|-----|----|

discuswerpen 1,750kg Jun Heren Uur=16:38

Reeks:1

| | | | | | | |
|---|------|----------------|------|--------|-----|----|
| 0 | 3453 | Truyts Timothy | ACBR | 45.38m | Sen | 89 |
|---|------|----------------|------|--------|-----|----|

100 meter Cad Dames Uur=16:37

Reeks:1 Wind : -5.4

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 1977 | Vanden Berghe Roos | DUFF | 14.03 | 04 |
| 2 | 1806 | De Greef Lise | DUFF | 14.51 | 04 |
| 3 | 1339 | De Beuckelaer Lara | AVKA | 14.92 | 04 |
| 4 | 2040 | Horrevorst Noor | ABES | 14.95 | 04 |
| 5 | 1411 | Meuris Ina | AVKA | 16.30 | 05 |

100 meter Cad Dames Uur=16:37

Reeks:2 Wind : -0.2

| | | | | | |
|---|------|-------------------|------|-------|----|
| 1 | 2039 | Dewaele Elisabeth | ABES | 13.98 | 05 |
| 2 | 2182 | Konneh Bendu | BVAC | 14.46 | 04 |
| 3 | 1516 | Schrauwen Mira | ABES | 15.11 | 05 |
| 4 | 1724 | Van Looy Milena | LIER | 15.28 | 05 |
| 5 | 1514 | Present Zoë | ABES | 16.54 | 04 |

100 meter Sch Dames Uur=16:37

Reeks:1 Wind : 0.1

| | | | | | |
|---|------|---------------|------|-------|----|
| 1 | 3506 | Peeters Ellen | BVAC | 14.08 | 03 |
| 2 | 3753 | Ysewyn Femke | AVLO | 14.10 | 03 |

100 meter JSM Dames Uur=16:43

Reeks:1 Wind : 1.1

| | | | | | | |
|---|------|---------------------|------|-------|-----|----|
| 1 | 1759 | Vermersch Skrolan | SGOL | 14.29 | Sen | 92 |
| 2 | 1943 | De Schryver Evelyne | ABES | 14.32 | Sen | 94 |
| 3 | 617 | Baetens Sara | ABES | 14.62 | Jun | 00 |
| 4 | 2044 | Verbruggen Rosanne | ABES | 14.76 | Sen | 94 |
| 5 | 1715 | Rawoe Greet | BRAB | 14.99 | Sen | 89 |
| 6 | 811 | Horrevorst Roos | ABES | 15.30 | Jun | 01 |

speerwerpen 500g Cad Dames Uur=16:56

Reeks:1

| | | | | | |
|---|------|--------------------|------|--------|----|
| 1 | 1977 | Vanden Berghe Roos | DUFF | 33.15m | 04 |
| 2 | 1399 | Breban Linde | ADD | 29.20m | 04 |
| 3 | 2182 | Konneh Bendu | BVAC | 26.56m | 04 |
| 4 | 1515 | Schrauwen Ilona | ABES | 19.40m | 05 |
| 5 | 1411 | Meuris Ina | AVKA | 18.73m | 05 |
| 6 | 2039 | Dewaele Elisabeth | ABES | 16.97m | 05 |
| 7 | 1724 | Van Looy Milena | LIER | 9.95m | 05 |

100 meter Cad Heren Uur=16:53

Reeks:1 Wind : -2.1

| | | | | | |
|---|------|----------------------|------|-------|----|
| 1 | 1886 | Marien Jarne | ABES | 12.52 | 04 |
| 2 | 1300 | Herrera Ruben | ABES | 13.50 | 04 |
| 3 | 1781 | Van Oostveldt Oscar | ABES | 13.63 | 04 |
| 4 | 1302 | Jarvis Tibo | ABES | 14.18 | 05 |
| 5 | 758 | Van Liefferinge Glen | BVAC | 14.26 | 04 |

100 meter Cad Heren Uur=16:53

Reeks:2 Wind : 0.5

| | | | | | |
|---|------|----------------------|------|-------|----|
| 1 | 1715 | Berkmans Taro | ABES | 12.82 | 04 |
| 2 | 1409 | Van Woensel Iyen | ACHL | 13.46 | 05 |
| 3 | 1555 | Luyts Elias | ABES | 14.10 | 05 |
| 4 | 1105 | Verhulst Ides | ACW | 14.49 | 05 |
| 5 | 928 | Vandekerckhove Yoran | AVKA | 14.58 | 05 |

100 meter Sch Heren Uur=16:56

Reeks:1 Wind : -0.4

| | | | | | |
|---|------|-----------------|------|-------|----|
| 1 | 3505 | Jacobs Joe | ABES | 11.70 | 02 |
| 2 | 3198 | Verduyn Lennert | ABES | 12.73 | 02 |
| 3 | 3138 | Bisschops Ilan | ABES | 12.73 | 03 |

100 meter JSM Heren Uur=18:18

Reeks:1 Wind : -0.7

| | | | | | | |
|---|------|--------------------|------|-------|-----|----|
| 1 | 3067 | Craessaerts Joris | ACKO | 12.33 | Sen | 96 |
| 2 | 2430 | Leys Ruben | SGOL | 12.48 | Sen | 99 |
| 3 | 3068 | Craessaerts Thomas | ACKO | 12.65 | Sen | 92 |
| 4 | 6726 | Straetemans Stefan | LOOI | 13.96 | Mas | 76 |

100 meter JSM Heren Uur=18:18

Reeks:2 Wind : 0.9

| | | | | | | |
|---|------|------------------------|------|-------|-----|----|
| 1 | 3307 | Vriens Arne | ABES | 12.77 | Sen | 97 |
| 2 | 5757 | Van Regenmortel Stefan | SGOL | 12.82 | Mas | 78 |
| 3 | 7090 | Heylen Ronald | BRAB | 13.07 | Mas | 62 |
| 4 | 2476 | Aerts Mathias | SGOL | 14.51 | Sen | 99 |
| 5 | 5915 | Bollens Jacques | ACKO | 14.82 | Mas | 57 |
| | 6178 | Eyckmans Gert | ABES | DIS | Mas | 69 |

hoogspringen Cad Dames Uur=17:57

Reeks:1

| | | | | | | |
|---|------|--------------------|------|-------|--|----|
| 1 | 2039 | Dewaele Elisabeth | ABES | 1.40m | | 05 |
| 2 | 1806 | De Greef Lise | DUFF | 1.35m | | 04 |
| 3 | 1977 | Vanden Berghe Roos | DUFF | 1.30m | | 04 |
| 4 | 1724 | Van Looy Milena | LIER | 1.15m | | 05 |

hoogspringen Sch Dames Uur=17:55

Reeks:1

| | | | | | | |
|---|------|---------------|------|-------|--|----|
| 1 | 3506 | Peeters Ellen | BVAC | 1.43m | | 03 |
|---|------|---------------|------|-------|--|----|

hoogspringen JSM Dames Uur=17:55

Reeks:1

| | | | | | | |
|---|-----|----------------|------|-------|-----|----|
| 1 | 857 | Pinxteren Tine | ABES | 1.30m | Jun | 01 |
|---|-----|----------------|------|-------|-----|----|

812 Marckx Emma ABES NG Jun 01

300 meter Cad Dames Uur=17:19

Reeks:1

| | | | | | | |
|---|------|-----------------|------|-------|--|----|
| 1 | 1984 | Vanhove Noor | ABES | 47.88 | | 04 |
| 2 | 2182 | Konneh Bendu | BVAC | 48.65 | | 04 |
| 3 | 2040 | Horrevorst Noor | ABES | 49.94 | | 04 |
| 4 | 1724 | Van Looy Milena | LIER | 55.05 | | 05 |

300 meter Sch Dames Uur=17:19

Reeks:1

| | | | | | | |
|---|------|----------------------|------|-------|--|----|
| 1 | 3916 | Daems Silke | ABES | 43.81 | | 02 |
| 2 | 3753 | Ysewyn Femke | AVLO | 48.10 | | 03 |
| 3 | 3849 | Van Den Neucker Noor | ABES | 48.61 | | 03 |

300 meter JSM Dames Uur=17:19

Reeks:1

| | | | | | | |
|---|------|-------------------|------|-------|-----|----|
| 1 | 1756 | Ivo Kaat | SGOL | 44.99 | Sen | 90 |
| 2 | 813 | Vanhove Kaat | ABES | 46.84 | Jun | 01 |
| 3 | 1759 | Vermersch Skrolan | SGOL | 47.78 | Sen | 92 |
| 4 | 4196 | Andries Gerda | AVKA | 50.68 | Mas | 65 |

300 meter JSM Dames Uur=17:19

Reeks:2

| | | | | | | |
|---|------|--------------------|------|-------|-----|----|
| 1 | 811 | Horrevorst Roos | ABES | 47.82 | Jun | 01 |
| 2 | 617 | Baetens Sara | ABES | 48.13 | Jun | 00 |
| 3 | 4051 | Luyckx Tilly | ABES | 51.82 | Mas | 76 |
| 4 | 2044 | Verbruggen Rosanne | ABES | 51.85 | Sen | 94 |
| 5 | 9994 | PEIJ Christine | NA | 65.19 | Mas | 81 |

speerwerpen 600g Cad Heren Uur=17:54

Reeks:1

| | | | | | | |
|---|------|----------------------|------|--------|--|----|
| 1 | 1715 | Berkmans Taro | ABES | 47.79m | | 04 |
| 2 | 1105 | Verhulst Ides | ACW | 36.16m | | 05 |
| 3 | 758 | Van Liefferinge Glen | BVAC | 31.07m | | 04 |
| 4 | 1296 | Eyckmans Joppe | ABES | 21.97m | | 05 |
| 5 | 1302 | Jarvis Tibo | ABES | 20.91m | | 05 |
| 6 | 928 | Vandekerckhove Yoran | AVKA | 17.28m | | 05 |
| 7 | 1110 | Hulstaert Ferre | AVKA | 17.16m | | 04 |

discuswerpen 1,000kg Sch Dames Uur=17:51

Reeks:1

| | | | | | | |
|---|------|-------------|------|--------|--|----|
| 1 | 3916 | Daems Silke | ABES | 21.36m | | 02 |
|---|------|-------------|------|--------|--|----|

discuswerpen 1,000kg JSM Dames Uur=17:50

Reeks:1

| | | | | | | |
|---|------|--------------------|------|--------|-----|----|
| 1 | 698 | Daems Lotte | ZWAT | 33.27m | Jun | 00 |
| 2 | 3667 | Geerstman Christ'l | AVKA | 21.84m | Mas | 68 |
| 3 | 857 | Pinxteren Tine | ABES | 20.18m | Jun | 01 |
| 4 | 4166 | Cammaerts An | ABES | 18.49m | Mas | 68 |

300 meter Cad Heren Uur=17:33

Reeks:1

| | | | | | | |
|---|------|---------------------|------|-------|--|----|
| 1 | 1781 | Van Oostveldt Oscar | ABES | 44.55 | | 04 |
| 2 | 1555 | Luyts Elias | ABES | 46.40 | | 05 |
| 3 | 1302 | Jarvis Tibo | ABES | 49.64 | | 05 |
| 4 | 1294 | Buytaert Charles | ABES | 52.91 | | 05 |

300 meter Sch Heren Uur=17:33

Reeks:1

| | | | | | | |
|---|------|-----------------|------|-------|--|----|
| 1 | 3198 | Verduyn Lennert | ABES | 40.15 | | 02 |
|---|------|-----------------|------|-------|--|----|

| | | | | | | |
|---|------|------------------|------|-------|--|----|
| 2 | 3138 | Bisschops Ilan | ABES | 40.47 | | 03 |
| 3 | 3141 | Horrevorst Dries | ABES | 40.97 | | 02 |
| 4 | 3139 | Eyckmans Fedde | ABES | 41.73 | | 03 |

300 meter JSM Heren Uur=17:34

Reeks:1

| | | | | | | |
|---|------|--------------------|------|-------|-----|----|
| 1 | 526 | Scheerder Kobe | AVKA | 38.07 | Jun | 00 |
| 2 | 855 | Veroft Reidar | ABES | 38.79 | Jun | 01 |
| 3 | 2769 | Van Reeth Vincent | ABES | 39.08 | Sen | 96 |
| 4 | 6345 | Thys Rob | ABES | 39.81 | Mas | 78 |
| 5 | 6726 | Straetemans Stefan | LOOI | 44.94 | Mas | 76 |

800 meter Cad Dames Uur=17:52

Reeks:1

| | | | | | | |
|---|------|--------------------|------|---------|--|----|
| 1 | 1213 | Schelkens Gynthe | DUFF | 2'51.14 | | 05 |
| 2 | 1093 | Leijssenaar Nienke | DUFF | 2'54.03 | | 04 |

800 meter JSM Dames Uur=17:52

Reeks:1

| | | | | | | |
|---|------|----------------|------|---------|-----|----|
| 1 | 559 | Janssens Ellen | BRAB | 2'44.56 | Jun | 00 |
| 2 | 3789 | Plas Liesbeth | LEBB | 2'51.90 | Mas | 83 |

hoogspringen Cad Heren Uur=18:20

Reeks:1

| | | | | | | |
|---|------|----------------------|------|-------|--|----|
| 1 | 758 | Van Liefferinge Glen | BVAC | 1.63m | | 04 |
| 2 | 1105 | Verhulst Ides | ACW | 1.50m | | 05 |
| 3 | 928 | Vandekerckhove Yoran | AVKA | 1.45m | | 05 |
| 4 | 1302 | Jarvis Tibo | ABES | 1.25m | | 05 |

speerwerpen 700g Sch Heren Uur=18:14

Reeks:1

| | | | | | |
|---|------|-----------------|------|--------|----|
| 1 | 3198 | Verduyn Lennert | ABES | 37.94m | 02 |
| 2 | 3139 | Eyckmans Fedde | ABES | 31.02m | 03 |
| 3 | 3138 | Bisschops Ilan | ABES | 24.10m | 03 |

1500 meter Sch Heren Uur=18:11

Reeks:1

| | | | | | |
|---|------|--------------|------|---------|----|
| 1 | 3140 | Hendrix Ward | ABES | 4'53.96 | 03 |
|---|------|--------------|------|---------|----|

1500 meter JSM Heren Uur=18:12

Reeks:1

| | | | | | | |
|---|------|---------------|------|---------|-----|----|
| 1 | 5802 | Muyshondt Tim | LEBB | 5'39.97 | Mas | 82 |
| 2 | 6178 | Eyckmans Gert | ABES | 5'51.69 | Mas | 69 |

speerwerpen 600g Sen Dames Uur=18:34

Reeks:1

| | | | | | |
|---|------|---------------------|------|--------|----|
| 1 | 1056 | Montilla Morgane | RESC | 32.46m | 98 |
| 2 | 1943 | De Schryver Evelyne | ABES | 31.37m | 94 |

discus 1,000kg M60+ Mas Heren Uur=16:41

Reeks:1

| | | | | | |
|---|------|---------------|------|--------|----|
| 1 | 5554 | Maes Dirk | ACW | 33.80m | 55 |
| 2 | 4943 | Stalas Michel | CABW | 31.24m | 48 |

discus 1,500kg M50,M55 Mas Heren Uur=16:42

Reeks:1

| | | | | | |
|---|------|---------------|------|--------|----|
| 1 | 6178 | Eyckmans Gert | ABES | 23.55m | 69 |
|---|------|---------------|------|--------|----|